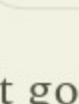


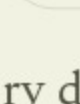
A Suspicion of Sigmas

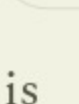
Don't ask the Sigma and don't tell anyone else what you think you are

FEB 09, 2024

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We haven't gone very deep into the subject of the Sigma Male yet, but already it is clear that there is an inordinate amount of interest in the concept in light of the reaction to the recent post on the Bravo's perspective on what serves as an inadequate substitute for the Alpha.

As I continue to point out, and as those new to the Socio-Sexual Hierarchy continue to assiduously avoid noticing, the SSH is neither intended to be nor serves as an effective tool for self-contemplation. So, once more, permit me to make a few relevant points abundantly clear.

1. No one, literally no one, cares what you believe yourself to be. No one here is going to take anything you say about yourself at face value, no one believes you, and there is absolutely no value to anyone, including yourself, in your own self-identification.
2. You're not a Sigma. If you think you're a Sigma, you're probably a Gamma. If you're sending a wall of text telling everyone how excited you are to finally know what you are, you're DEFINITELY a Gamma. Sigma is not introversion. Sigma is not the head cheerleader in high school remembering your name that one time. Sigma is everyone thinking you're an Alpha, dating a Dallas Cowboys Cheerleader, and getting into a fight with a member of the Red Hot Chili Peppers over a stripper in a Los Angeles night club.
3. The prime utility of the SSH is about identifying other men and anticipating their behavior. This will significantly help you in the workplace, in social settings, in your career, and in your personal life. Some individuals have even claimed that their judicious use of the SSH in their professional lives has helped them complete projects successfully, avoid significant landmines, and increase their income. So, for the love of all that is Good and Beautiful and True, stop talking about yourself and your self-perceptions and focus on the important information.
4. This is not a marketing scheme. There is no paywall here. There will be a crowdfund campaign for the SSH book soon, but the substack is, and will continue to be, generally free. We may eventually do some Q&As for paid subscribers, at some point in the future, but the primary goal is to permit open discussion of the SSH among all interested parties.

There were a number of insightful comments yesterday that merit highlighting and further discussion, as well as some that were disturbingly revealing.

There's the other side of the coin for this Bravo's story. A Sigma told me he's always surprised at how quickly organizations will turn on and eject him despite all the impossible tasks he's done (I have confirmed his work). In his view there's some invisible system where low performers keep their jobs and somehow get the full weight of loyalty from the org while he doesn't get a scrap of loyalty despite caring more, doing more and understanding more.

It's very hard for anyone to accept the reality that organizations value being a team player and dutiful submission to the organization's norms over competence and high performance, but who can deny it in this age of affirmative action, diversity, inclusivity, and equality? This reality only serves to underline the Sigma's natural detachment from both the organization and its hierarchy.

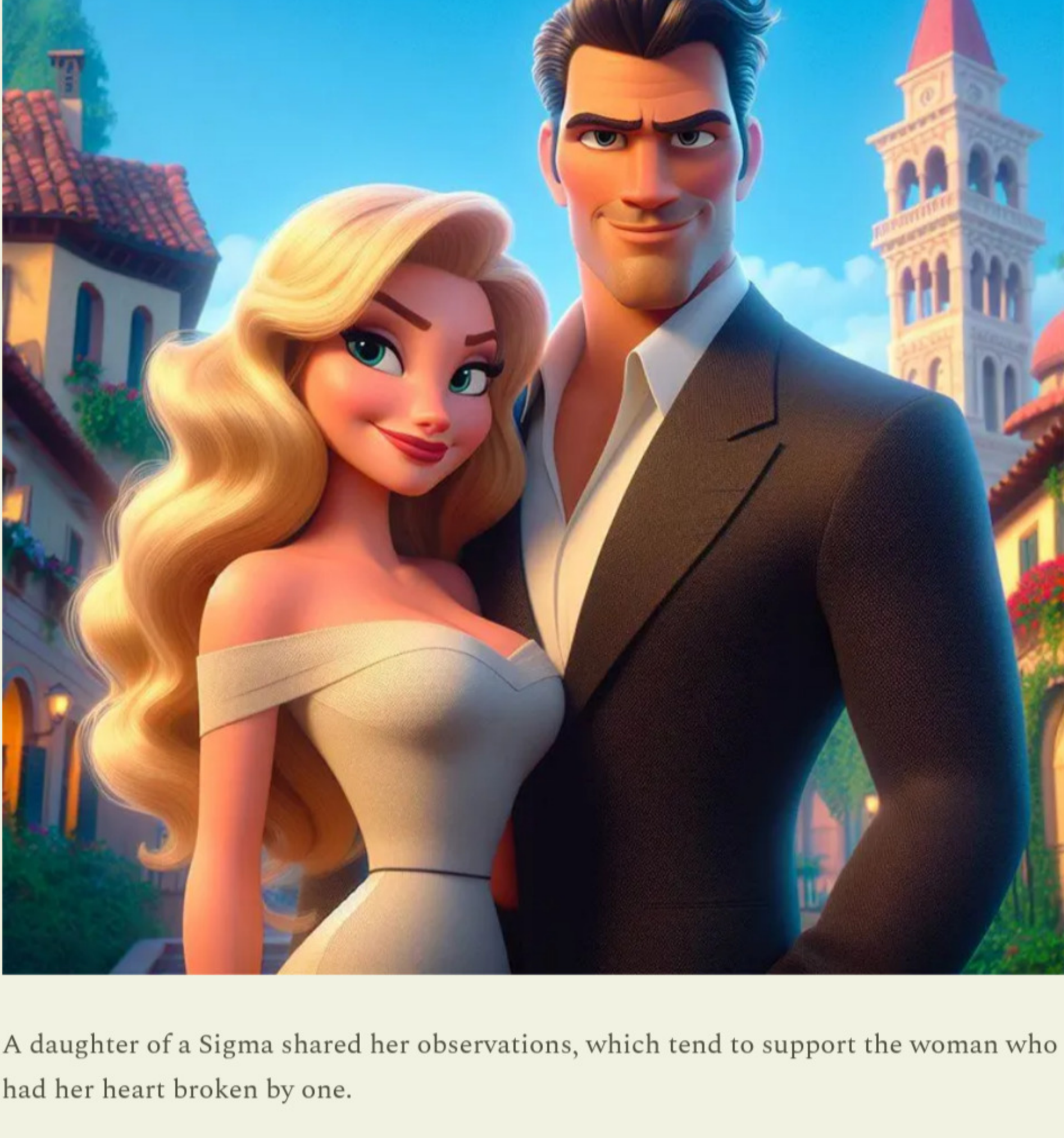


The Sigma knows it's only a matter of time before he wears out his welcome. So he never hesitates to leave, often without telling anyone.

Women who glorify Sigmas have never been in a long-term relationship with a Sigma. Not to say there can't be a decent pairing, just that they have issues. I had my heart thoroughly broken by one. From a young woman's perspective: they are devastatingly attractive (not just handsome, but magnetic), purposefully aloof (their own agenda is their priority), highly intelligent (not in a movie-quoting or m-lady way), and highly principled. When they focus those eagle eyes on you, the exhilaration only makes it worse to be ignored (omegas and women hardest hit!).

Rather like women attempting to construct their own SSH, Gammas and other introverts who self-identify as Sigmas reliably leave out the second S. But in the human race, socialization and sexuality are inextricably intertwined. Social success begets sexual success and vice-versa. The takeaway here is that women are highly attracted to Sigmas - "devastatingly attractive" is how she puts it - and that both their detachment and their intensity is part of their magnetism for the opposite sex.

Which might, ironically enough, go a long way toward explaining the appeal of serial killers and other sociopaths to women. Sigmas are neither sociopaths nor psychopaths, but they do tend to incline toward the Dark Triad. The Alpha smiles readily. The Sigma, not so much.



A daughter of a Sigma shared her observations, which tend to support the woman who had her heart broken by one.

My dad is a Sigma. My mom got in car accident when they were about 50. So I watched the Sigma dating thing unfold -- women would think they hit the jackpot which slowly turned to bewilderment -- any subtle warning I gave went unheeded! At a young age I realized he wasn't like other dads & just thought of him as some high-functioning, autistic-like anomaly. I watched ex-boyfriends & other men orbit around him, only to end up frustrated, but often coming back for seconds & thirds. No offense intended to Sigmas, but ladies should think long & hard before getting in relationship.

Of course, in the female math, attractive + dangerous = even more attractive. So, it should not be a surprise to learn that the subtle warnings tended to go unheeded, if not backfire entirely.

And finally, to bring things full circle, we were treated to not one, but two walls of text by men eager to help us by telling us all about what being a Sigma is really like.

This article firmed up my self-evaluation as a Sigma based on the work-style description. I was careful not to want to be the "cool kid" self-evaluating as Sigma, but this pretty much summed up my work history. I have had extreme levels of success in bursts of intense activity while turning around sales divisions, setting up new ventures/companies, and strategizing, planning, and executing specific plans. When the "thing" I was working on was launched and the stage of managing it and managing people came, I lost interest. When I had to fit into a hierarchy or manage a large group of people, my flight instinct kicked in.

I've been the source of a large amount of disappointment in my life to people I have worked with as well as family due to my lack of interest in maintaining relationships beyond their functional utility. Reading that "sounds" awful but it's just been my reality. I spend a great deal of time alone now and, at times, I miss a measure of camaraderie an office affords but not really. When I reconnect with someone from my "past" to me it's like we have been speaking every day. In my mind, I pick it up where it left off. I never really thought about that before but that describes me exactly.

My most recent position ended abruptly when the organization I was a part of decided to close several divisions and subsequently, I launched my own consulting and recruiting firm that I am getting off the ground now. The idea of project work with companies that I do not work for and getting-in-and-getting-out is very attractive to me. I am one of MAYBE ten people in the country with expertise in a particular aspect of my industry and am decently well-known for it in my niche so I am confident that things will go well with the consulting venture. Wish me luck.

A Delta, unsurprisingly enough, did the parallel, read the entire thing in detail and counted "29 references to "I-me-my" in 3 paragraphs". This is very far from the first time we've seen this sort of thing, which goes back more than a decade to introverted tech geeks being convinced they were what the pickup-artists described as naturals.



Watch out, ladies!

I just wanted to ad some self reflection on how the Sigma may have become that way. The description in the article definatly fits me. I did well when I do not have multiple layers of heirarcy above and below. Hit and run. Top production, Competitive. Individualistic. I like to answer to the guy who signs my paycheque. The military analogy is good, Sigma is in the special forces not the infantry and I might ad..... Do you remember the movie Lawrence of Arabia. Watch the scenes in the officers bar, there are several. At the end of the movie Faisel comments on how much he owes Lawrence and how glad is to be rid of him. Brutal. In the bar scenes there are all these officers of various ranks hanging around. In that war how many of them stood out, but could navigate the social atmosphere of the officers club.

So what makes the Sigma different. They do not or cannot wrap their head around how other people think. They react to what other people think if it can be called that but the frustration meter redlines when encountering people regurgitating what they watched on TV.

My take is that I had poor teachers and role models and had to figure everything out my self in isolation from formal mentoring. Minor brilliance or genius. I might have been an Alpha with the right teachers and different parents, but when you pick up social handicaps from family disfunction and mediocre public schooling, you just end up on your own path regardless. On this path you don't pick up all the social and intellectual patterns that are generally accepted or expected. Also, I am a visual thinker. I see color television. so the calculating and scheming necessary to navigate the byzantine corporate or bureaucratic workplace in not in my programming. I have known for some time that if I am asked for an outcome, i can deliver results. Ask me about processes, thats harder.

Why a sigma is not an alpha in summary is Sigma was sabotaged in their youth. Its called the SOCIAL SEXUAL HEIRARCY. I would like to hear more here of the sigmas relationship to women generally but especially family members. Why? Because Alpha doesn't have problems with women, they are celebrated. Sigma is not.

Oh sweet St. Darwin of the Galapagos...

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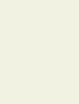
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 **Bucket Mouse** Feb 10, 2024

 Liked by Vox Day



I have an amusing story about my Sigma husband:

There was recently an incident in our church where, after the service, an old lady got trapped in the elevator. It was stuck between floors, and the safety mechanism didn't allow the doors to open. My husband watched some of the men struggle to first pry open the door, then pick the safety lock, then try to call the building maintenance worker. After several minutes, he quietly collected his tools from the car, returned, and removed the door.

As soon as the lady was freed, he left as quickly as he possibly could. When we got in the car, I congratulated him on being "the hero", and wondering why he didn't seem pleased. All he replied was, "Now I have to find a new church."

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 **Prof. M. Drou** Feb 9, 2024

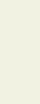
 Liked by Vox Day



Either this class has a very wide reach, or is this just a bizarrely timed coincidence: On my way out of one of my lectures today I overheard two students talking in the hallway: "If he says he's a Sigma, he's a Gamma. Red Flag." The other student laughed. I'm guessing some boy is going to be disappointed this weekend. That was 12:30 Eastern. What time did this post go up? I don't think it could have been more than an hour or two earlier.

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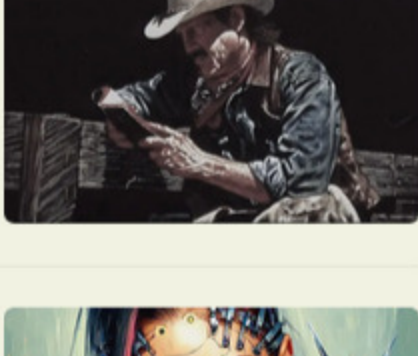
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